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Kelly A. Forrest, RSP®, COSS, OSHP

Summary of Qualifications

- 20 plus years experienced in multi-purpose/multi-trade occupational safety and health (construction emphasis), practiced in inspecting, documenting, and reporting site safety conditions, job hazard analyses, performance of SSHO duties, Safety Coordinator duties, and accident investigations
- Broad safety experience in diverse construction industry trades, knowledgeable in OSHA 1926 & 1910 Standards, EPA & NFPA Standards, DOT, USACE EM 385-1-1, Airport Construction Safety Standards
- Proven organizer, creative, and efficiency-oriented with the ability to design, modify and initiate new processes and procedures for safety compliance
- Proficient in coordinating multi-phased project safety objectives from concept to completion, in identifying hazardous working conditions, PPE assessments, and providing effective on-site recommendations/solutions
- Experienced in interpreting manufacturer data, product analyses, efficiency reports, and compiling and interpreting man hours data
- Self-directed, competitive, dedicated, hard-working under challenging conditions, flexible in accepting and adapting to change, values accountability, responsibility, chain of command, and team work
- Practiced in supervision and quality assurance for multiple safety consultants, SSHO initial and follow up training, SSHO program revisions, documentation review, assisting in preparatory phase meetings, hazard assessments, creating task specific JHAs and PTPs

Summary of Certifications

(Items underlined indicate
current Authorized Trainer/
Instructor status)

- Certified Powered Industrial Truck Operator Instructor
- Certified Scaffold Erector/Dismantler
- Certified Welder (inactive)
- Certified Dualoy® 3000 Fiberglass-Composite Pipe Installer
- Certified Occupational Safety Specialist
- Competent Person Excavation and Trenching Certified
- Competent Person Fall Protection Certified
- Competent Person Materials Handling Certified
- Competent Person Scaffolding Certified
- Competent Person Confined Space Certified
- Competent Person Rigging Certified
- Competent Person Shoring and Shielding Certified
- Competent Person Steel Erection-Subpart R Certified
- Defensive Driving Course Instructor (4 and 8-Hour) (inactive)
- HAZWOPER 40 Hour General Site Worker Safety Training
- Hexavalent Chromium in Construction Authorized Trainer
- Occupational Safety and Health Professional
- OSHA OTI 500 (Construction) Authorized Trainer

- OSHA OTI 501 (General Industry) Authorized Trainer (inactive)
- OSHA OTI 5600 (Disaster Site Worker) Authorized Trainer (inactive)
- OSHA 10-Hour and 30-Hour Construction Certified
- OSHA 10-Hour and 30-Hour General Industry Certified
- Registered Safety Officer® Authorized Instructor
- Registered Safety Manager® Authorized Instructor
- Registered Safety Professional®
- OSHA Technical Assistance Specialist
- Qualified Rigger & Qualified Signal Person Authorized Instructor
- USACE EM 385-1-1 40-Hour Safety Training
- USACE Construction Quality Management

Professional Memberships and Associations

- Associated Builders and Contractors, Inc.
- Cambridge *Who's Who Registry of Executives and Professionals*
- University of South Florida OTI Education Center
- International Board of Environmental Health and Safety
- National Association of Women in Construction
- National Safety Council
- Premier *Who's Who Registry of Outstanding Professionals*
- The Associated General Contractors of America
- The National Crane Institute
- Tilt-Up Concrete Association

Employment

Safety & Occupational Health Specialist

HCI Management Services 06/2021-Present

- Safety and Occupational Health Specialist with Federal Contractor responsible to direct, coordinate, plan, administer, and evaluate a comprehensive program of overseas facilities occupied by Department employees and family members, and serve as an advisor to program managers. Duties include analyzing and resolving diverse and high safety risk hazards, conduct a scheduled series of comprehensive surveys of multiple Department facilities to determine the nature and extent of SHEM hazards and exposures at posts, and to develop solutions for hazard abatement; to work with post management to provide direction for hazard abatement, assist in estimating cost of implementing recommendations and establishing priorities for corrective actions; to educate personnel at all staffing levels to ensure understanding of the basis and criticality of SHEM program implementation so as to identify, eliminate, and control risk; to investigate employee and resident suggestions and complaints regarding safety, health, and environmental hazards; to prepare reports and make recommendations for hazard abatement to account for technical and cultural aspects, logistical challenges, and economic constraints for a broad range of operational, worksite, and residential situations; to develop and maintain statistical data relative to loss prevention; to analyze mishap statistics and investigative reports to isolate causal factors and devise measure to control hazards detected.

SSHO—Ames 1, LLC 01/2021-05/2021

- Site Safety & Health Officer for USACE (W9126G20B0031) Red River Army Depot New Boston, TX (RRAD B551 & B56 Repairs project). Responsible for managing, implementing and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs, conducted on-site new worker indoctrination training, assisted subcontractors with creation and ongoing revision of AHAs, developed and maintained deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted weekly all hands safety meetings and monthly supervisor safety meetings. Other duties included conducting accident/incident investigations, maintaining all GDA required on-site subcontractor safety documentation, issuing hot work and excavation permits, assist project team during subcontractor preparatory meetings, document and provide CQCM support through SSHO daily reports. Jobsite start delayed while awaiting NTP.

Furloughed—U.S. Safety 05/2020-12/2020

- Because of COVID-19 Pandemic restrictions implemented by multiple clients and several General Contractors throughout the U.S., no new positions were available. However, I did temporarily fill in for another SSHO at Eglin AFB in Valparaiso, Florida (33rd Fighter Wing, F35-ITC) while he was on vacation. The assignment lasted approximately two weeks 10/15/20-10/23/20. Duties included those similar to SSHO positions mentioned elsewhere in this resume.

Site Safety Specialist—U.S. Safety 05/2019-05/2020

- Primary Safety Specialist for Manhattan Construction Florida (MCF) at the TECO Clean Energy Demonstration Center in Apollo Beach, Florida. Responsible for managing, implementing, and enforcing site specific safety policies in accordance with the GC APP, review of subcontractor SSSPs, conducted on-site new hire orientations, assisted subcontractors with creation and ongoing revision of JHAs, conducted jobsite audits and inspections, conducted weekly all hands Jobsite Safety Meetings, evaluated subcontractor task hazard analyses, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, attended weekly OAC meetings, conducted accident/incident investigations, maintained on-site safety related subcontractor documentation, issued hot work and excavation permits, and provided continuing management support through daily activity reports. Job completed without a single lost time incident.

Safety Coordinator—Rohadfox CCSC 05/2017-05/2019

- Safety Coordinator for the Atlanta Construction Management Partners (ACMP) at Hartsfield Jackson Atlanta International Airport projects. Responsible for reviewing and enforcing General Contractor's Site-Specific Safety Plans, Security Plans, and on-site JHAs and PTPs, conducted daily safety compliance audits of assigned projects, identified deficiencies for corrective actions, coordinated and monitored contractor's safety compliance during the performance of daily

construction activities, coordinated with CM and PM project teams at OAC meetings relative to contractual safety and security requirements, coordinated safety inspections/monitoring with representatives of COA Risk Manager, ACMP Program Safety Manager and others as required, prepared daily safety reports on observations, deficiencies, and corrective actions, participated in weekly Construction Progress Meetings, monitored and ensured contractor's correction of non-compliant safety issues, and assisted in developing and maintaining executive procedures to observe and verify contractor performance of construction safety and security activities. Projects included Landside Modernization (CPTC, Security Office Renovations, and Domestic Terminal Pedestrian Bridges) and Airside Modernization (Automated Ground Transportation System and Wi-Fi Upgrade Phase I & II).

SSHO—U.S. Safety 02/2017-05/2017

- Primary Site Safety & Health Officer to USACE S-357N Control Structure, Miami Florida (W912EP-15-C-0022). Responsible for managing, implementing and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs, conducted on-site new worker indoctrination training, assisted subcontractors with creation and ongoing revision of AHAs, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted weekly all hands safety meetings and monthly supervisor safety meetings, conducted accident/incident investigations, maintained all GDA required on-site subcontractor safety documentation, issued hot work and excavation permits, assisted project team during subcontractor preparatory meetings, documented and provided CQCM support through SSHO daily reports. Job completed without a single lost time incident.

SSHO—Southland Energy 11/2016-02/2017

- Site Safety & Health Officer for USACE (W912DY-15-R-ESP6) Fort Riley, KS (ESPC renovation project). Assisted with corporate EHS plans, developed site-specific APP and individual MATOC APPs for project DFOV. Responsible for developing, managing, implementing and enforcing site specific APP in accordance with the EM 385-1-1 safety and health requirements, reviewed subcontractor SSSPs and provided subcontractors recommendations for compliance revisions, responsible to conduct on-site new worker indoctrination training, to assist subcontractors with creation and ongoing revision of AHAs, to develop deficiency tracking log and assist subcontractors with implementation of corrective measures, to conduct weekly all hands safety meetings and monthly supervisor safety meetings, to conduct accident/incident investigations, to maintained all GDA required on-site subcontractor safety documentation, to issue hot work, excavation and confined space permits, to assisted project team during subcontractor preparatory meetings, and to document and provided CQCM support through SSHO daily reports. Jobsite start delayed while awaiting NTP.

SSHO—Seaward Marine Corporation 04/2016-11/2016

- Site Safety & Health Officer for NAVFAC (N40085-15-C-8704) at U.S. Naval Submarine Base (pier renovations, underwater demolition and

construction) in Groton, CT. Responsible for managing, implementing and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs, conducted on-site new worker indoctrination training, assisted subcontractors with creation and ongoing revision of AHAs, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted daily pre-dive safety meetings with dive teams, conducted accident/incident investigations, maintained all GDA required on-site subcontractor safety documentation, issued daily underwater demolition permit, coordinated daily pre-task and post-task meetings with dive supervisor, assisted project team during subcontractor preparatory meetings, documented and provided CQCM support through SSHO daily reports. Job completed without a single lost time incident.

Safety Manager/SSHO—C & C Contractors 11/2014-02/2016

- Safety Manager for General Contractor. Primary duty as PSHO at new construction of Tallahassee National Cemetery (VA101F-14-C-0035) in Tallahassee, FL. Responsible for developing, managing, implementing, and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs, conducted on-site new worker indoctrination training, assisted subcontractors with creation and ongoing revision of AHAs, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted weekly all hands safety meetings and monthly supervisor safety meetings, conducted accident/incident investigations, maintained all GDA required on-site subcontractor safety documentation, issued hot work and excavation permits, assisted project team during subcontractor preparatory meetings, documented and provided CQCM support through SSHO daily reports. Job completed without a single lost time incident.

Site Safety Specialist (SSHO)—U.S. Safety 02/2014-11/2014

- Primary Safety Specialist (SSHO) for prime-subcontractor at Army Reserve Center in West Palm Beach, Florida (W912QR-12-C-0022). Responsible for managing, implementing, and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs, conducted on-site new worker indoctrination training, assisted subcontractors with creation and ongoing revision of AHAs, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted weekly all hands safety meetings, conducted accident/incident investigations, maintained all safety documentation for the prime-subcontractor in accordance with GC requirements, assisted prime-subcontractor project team during weekly Superintendent's meetings and provided PM support through SSHO daily reports. Job completed without a single lost time incident.

SSHO—U.S. Safety 07/2012-11/2013

- Primary Site Safety & Health Officer to USACE Army Reserve Center

in Cape Coral, Florida (W912QR-12-C-0005). Responsible for managing, implementing and enforcing site-specific APP in accordance with EM 385-1-1 safety and health requirements, conducted jobsite audits and inspections, reviewed subcontractor SSSPs and provided subcontractors recommendations for compliance revisions, conducted on-site new worker indoctrination training and created worker ID badges, assisted subcontractors with creation and ongoing revision of AHAs, developed deficiency tracking log and assisted subcontractors with implementation of corrective measures, conducted weekly all hands safety meetings and monthly supervisor safety meetings, conducted accident/incident investigations, maintained all GDA required on-site subcontractor safety documentation, issued hot work and excavation permits, assisted project team during subcontractor preparatory meetings, documented and provided CQCM support through SSHO daily reports. Job completed without a single lost time incident.

Safety Manager—B&I Contractors 12/2008-03/2012

- Company Safety Manager for HVAC Mechanical Subcontractor. Responsible for the continuing development and occasional revision of the overall company Safety & Health program covering 350 plus employees, within the State of Florida. Developed, implemented, and enforced site-specific safety plans for multiple federal projects, developed, implemented, enforced, and provided employee training in all company safety plans, AHAs and JHAs, conducted new hire employee safety training, conducted all employee refresher training as needed, developed company's employee safety training database, conducted accident/incident investigations and assisted HR with Worker's Comp monitoring, conducted and documented regular jobsite safety inspections, developed safety deficiency tracking log and conducted follow up inspections to ensure compliance, Fleet Safety Manager responsible for development and maintenance of Driver Improvement programs for all authorized drivers, research, acquire, and issue all company required PPE, maintain all company OSHA recordkeeping, developed and managed annual Safety Department budget, Chairman of company Safety Committee and conducted monthly Safety Committee meetings, assisted management in preparation of documentation for litigation defense.

Education

Vocational Certification—Journeyman Ironworker

2004 Ironworkers Local 808 Orlando FL

Registered Safety Professional®

2010 IBOEHS Fort Myers FL

EPA Certified Renovator—Lead Safe RRP

2010 Saint Louis University Fort Myers FL

Certified Occupational Safety Specialist

2010 Safety Council of the Louisiana Capital Area Orlando FL

Occupational Safety & Health Professional

2016 OSH Academy Geigle Safety Group, Inc. Beaverton OR

References

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(Safety certifications available upon request)